

What To Pack for Camp



EVERYONE: Camp Shirts

We will give you 4-5 staff camp shirts to wear each week, and you can wash them on the weekends. At the end of your volunteer time, you must return the shirts!! EXCEPTION: Kitchen Help must bring shirts– they wear regular clothes with aprons.

General What to Pack:

- Flashlight and a backpack
- Sleeping bag and pillow
- Towel and washcloth
- Sneakers and casual footwear (can include **athletic sandals**)
- Modest swimsuits
- Pants, shorts and other casual attire
- Toiletries (ex: soap, shampoo, toothbrush, etc)
- Bible, notebook, pen, and watch
- Jacket and long pants for cool evenings
- Insect repellent, sunscreen, and a hat
- Money for the General Store (optional)

Special Packing Instructions:

- Wranglers must pack jeans and boots!
- Kitchen Help must pack shirts and a hat or bandana to keep their hair back.
- Counselors, Leaders, Grandparents and Photographers: Pack nice dress-up clothes!! This would be a dress shirt & tie for guys and a nice dress or formal gown for Princess Dinners. Remember to pack nice shoes and other accessories!
- Support Staff, Wranglers, other Activity Leaders will be servers during the Princess Dinners and Birthday parties so pack black slacks (or skirts) and bring a white dress shirt with a collar. We will have matching bow ties for you to wear!
- Support Staff, Wranglers, Photographers, and Leaders: Bring a costume to go with our theme –whichever it is! Example: 2016 theme was Star Wars!



Important Packing Info:

Staff Training Week

We will not provide staff shirts for Staff Training, so be sure to pack shirts for that week!

Shoes

Footwear is very important at camp. Closed toed shoes (example: sneakers or closed toe sandals) are required for staff during their daily times of service. Free time footwear is up to your own discretion, but no bare feet.

Wrist watch*

You will not be allowed to have your cell phone on you to use as a watch, so you will need to pack a watch!

Water Bottles & Cameras

We will give you one Camp David water bottle which you will write your name on and keep with you so you can stay hydrated at camp! If you lose your water bottle you can purchase an additional **one in the General Store. You don't** need a camera as we will be taking pictures and posting them online for you to download or print.

Snacks

If you have a particular favorite snack you can bring it and keep it in the staff **kitchen in Grandpa Tom's Cabin with** your name on it, but space is limited. You can bring money for the general

shop for sodas, candy, chips, etc.

Medicines

Counselors– must turn in all meds to the Health Program Coordinator and sign off whenever you take them. Other Staff– keep your meds in your housing and you are responsible for taking your own meds!

Initial your clothes!

Remember that Camp David is not responsible for lost clothing or personal property while you are at camp and you need to initial your personal items!

Appearance— Policies

The Appearance Standards of CDO are intended to create a **professional, well-groomed staff image**. Some standards are for **consistency** and unity, others for **modesty**, and other standards are for **safety and cleanliness**. The Appearance Standards are NOT meant to be a measure of spirituality or maturity. Please do not take these standards as an attack on your personal expression or character.

General Appearance Standards:

- Modesty: Our goal is to be modest at all times in our clothing choices and conduct.
- Everyone is expected to maintain good hygiene including showering often and brushing teeth daily. Staff should keep their appearance groomed and neat each day.
- Nudity at camp is unacceptable -including during sleeping. Shower time is to be as modest as possible-keep covered with a towel!
- Athletic shoes (example: sneakers or sport sandals) are required for staff during their daily times of service. Free time footwear is more relaxed (can include flip-flops), but no bare feet.
- No underwear showing, no sagging pants, holey t-shirts, words on backsides or rolling over waistbands.
- Piercings and Tattoos must be in moderation, and immodest or evil looking tattoos must be covered.

Guy's Standards

- **NO "Speedo" swimsuits** allowed. Swimsuit shorts should fit snugly at waist so they stay up in the pool!
- Guys should keep their shirts on when attending meals, social events, worship services, and wherever females are present. Exception- during swim times, and approved field games guys can go shirtless.
- No short athletic shorts, or tight t-shirts.

Girl's Standards

- Modest Swimsuits are required: swimsuits must cover the midriff with no cleavage showing. No high cut legs, no cut-outs or mesh swimsuits. Girls must wear a T-shirt over their swimsuit when walking to the pool and back.
- Leggings can be worn under shorts or skirts.
- No short shorts— shorts must easily come to fingertips when your arms are at your sides.
- No bras showing— no straps at shoulders or bras showing under the arms.
- No spaghetti strap tops, no cleavage, and no midribs showing (even when arms are raised).

NOTE: The Camp Director will make all final decisions if the suitability of clothing, body jewelry, or tattoos is brought up.



Our **GOAL** is to have a **PROFESSIONAL** Camp Staff Image!! Our appearance should not be distracting, sloppy, or confusing. We want to appear trustworthy to camper's parents.



Appearance— Standards For Men



NOT ACCEPTABLE

Hair & Beards: No scruff! Keep beards neat and trimmed— not long and straggly. No wild dreads or crazy haircuts. Longer hair should be worn in a neat pony tail.



No tight athletic shirts or short shorts!!



Pull those pants up boy!



No wide arm-holes, or A-shirts



ACCEPTABLE

Examples of sleeveless shirts:



Loose-fitting, longer shorts are perfect!



Appearance— Standards For Women



NOT ACCEPTABLE



NO spaghetti straps, holey tshirts, or knotted shirts that pull up.

NO tight pants, rolled over waistbands, or words on backsides!!



NO short shorts or short athletic shorts!

No bikini swimsuits, or swimsuits with openings or mesh; no high cut legs, or low fronts.



ACCEPTABLE

Keep hair clean and groomed. Dreadlocks should be kept back and not long and lose. Easy hairstyles are best for summer camp life!



Sleeveless shirts must have a shoulder strap width of 3 fingers.

No cleavage showing..

All shorts must come EASILY to your finger-tips— NO short shorts!!

Skirts should come at least to 2" above the knee, and should be worn with shorts underneath if they are real blowy.



SWIMSUITS

Appearance— Extra Standards

NOT ACCEPTABLE Shoes

Do you see the shoes?
Neither do we!



No water shoes during regular camp!

Flip-flops are ONLY acceptable when you are:

1. On Freetime
2. Walking to the Pool or shower house



ACCEPTABLE Shoes



Sneakers or athletic sandals are great! Athletic sandals need to have a front and back strap.



The BEST Choice for Girl's earrings: STUDS not DANGLES!!



Studs or pearl earrings are much safer to wear at camp than long dangle earrings!



WRANGLERS must pack boots and jeans!!!

