

Packing List for Uganda Mission Trip

Please read the “Expectations for Exemplary Personal Conduct” before packing! It gives the background for the clothing standards, and what not to pack.

Your luggage set:

We will be flying with Delta which offers a deal where we can each take 3 @ 50 lb bags because we are doing humanitarian work. That is going to be a huge help as we do a week of camp and we have a lot to bring over. If each of you can plan to pack your personal belongings in one 50 lb bag, then we can pack the other two bags with camp supplies. I can try to get the extra bags, or if you see a good suitcase at a goodwill, perhaps you can get it too. You can also have a carry-on bag.

Packing List:

- Casual clothes- t-shirts, long shorts or full skirts (women need to wear skirts most of the time- knee-length or longer). Jeans or long pants can be worn too at times. During the 4 day camp program, team members will wear CDO staff shirts, and we will have a Uganda Mission Trip t-shirt to wear as we travel.
- Church clothes- dresses for women, and collared shirt (polo or button-front) and slacks for men.
- Prison clothes- wear plain- loose fitting clothing. Women must wear very long modest clothing. No jewelry will be allowed in the prison.
- Shoes- sneakers for playing field games and sandals (or Chacos) for the rest of the time. Make sure you have comfortable shoes for walking, and flip-flops for going to the showers.
- Lightweight jacket for cool evenings
- Swimsuit & swimsuit cover-up for girls (at this point we don't know if we'll get to swim, but you may wish you had it).
- Pajamas, socks & underwear
- Hygiene items: toothbrush, toothpaste (3 oz), shampoo (3 oz), conditioner (3 oz), body wash (3 oz), deodorant (3 oz), sunscreen (3 oz), chapstick, shaving kit, antibacterial wipes, hand sanitizer, any medications you are on, gum, or small bottles of travel meds, etc.
- Mosquito repellent- we will sleep under mosquito netting, but we need repellent for any outdoor activities especially after 7 pm.
- Sweets (like lollipops) or other small gifts – this is optional and depends on how much room you have left in your bag.
- Bible, pens & pencils, journal, Testimony (you will need to be ready to speak or give a testimony at a moment's notice)
- Flashlight & head lamp
- Zip-lock bags, granola bars, Propel/Crystal Light packs to flavor your water
- Playing cards like UNO. Optional: nail polish to paint the little girls nails
- Backpack or Crossbody Bag
- Passport and copies of your photo ID, and health insurance

- Yellow Fever Vaccine card- this needs to be with you as you enter the country
- Souvenir Money/Extra Snacks – we will go to the market at the end of our trip so you can buy souvenirs for your friends and family back home. Also, while we are having our meals covered, if you are accustomed to buying special coffee, soda or snacks, you will need your own spending money for those “extras.”
- Security Money pouch- there are several types of these online- choose one that will be comfortable for you to wear as you travel internationally
- Camera/batteries/SD card
- Headphones- Optional: book to read (we recommend missionary biographies!)
- If you plan to take your phone or other electronic device, you will need a power plug adapter in Uganda, and a voltage converter.

Leave behind: Make photocopies of your photo ID, health insurance, and passport and leave them with a family member or friend.